

## **PHYSICAL EDUCATION (GRADES K-3)**

1) Children must wear the proper foot attire. (Laced or Velcro tennis shoes. Please double-knot their shoes.).

2) If a child has a medical condition, please let Ms. Timms know asap. (i.e. asthma, bee stings)

3) A written note is required if a child is not able to participate in P.E. that day.

4) **CHILDREN ARE NOT GRADED ON ATHLETIC ABILITY, AND CRITICIZING IS NOT ACCEPTABLE AT ANY TIME!!!**

5) Children are graded on effort, participation, cooperation, trying their personal best and foot attire. (10 points per class)

6) Girls should wear shorts under their jumpers on P.E. days.

7) Children will work on a variety of skills and movements throughout the year. They will also participate in a variety of games that focus on group play and socialization.

### SCHEDULE:

K – Monday, Wednesday, Thursday and Friday

1st – Monday, Thursday and Friday

2nd – Monday, Wednesday and Thursday

3rd – Monday, Wednesday and Friday