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Principal's Thoughts

Before you shop for Christmas~

I am currently reading and have encouraged the staff to read the book <u>The Anxious Generation</u> by Jonathan Haidt. This book was published last year so many of you may have already heard about it and perused its pages. If you have not had the opportunity to purchase the book, this is a must read if you are considering buying a smart phone for your child. If your child already is in possession of this device, there are some strategies that might help you and your child navigate this online world.

While I am only on chapter 3, I found the research and data very helpful to understand what is happening with our children. Clearly this is a global concern. As a staff we are concerned with the increase in students with anxiety, engaging in self-harm and disengagement during class. We have posted on our website, a list of "thought starters" that perhaps will lead to some powerful conversation within our community. Here is the link: Thought Starters for Parents The author further advocates that parents come together as a united front to set similar boundaries and avoid push back from the teenagers. So cozy up, the colder weather is coming and will be a perfect time to settle in with a powerful book. Gather with your fellow parents and see if we can collectively combat this concerning trend.

St. Agnes School Mission Statement

St. Agnes School, in partnership with the Catholic Schools in the Diocese of Oakland educate children in the Catholic faith and nurture their minds, bodies, and souls, inspiring them to live the Gospel of Jesus Christ, achieve their highest academic and creative potential, and actively serve and enrich the community.



- Trimester I Ending Soon
 - o It's hard to believe that next Friday, November 7th marks the end of the 1st trimester!
 - o In order to monitor each child's progress, the STAR assessments will be administered on November 4th for Reading and November 6th for Math.
 - Please be sure your child is in attendance to take these assessments.
 - A healthy breakfast and snack are encouraged, as well as a good night sleep.
 - We use this data to inform our instruction so we need our students to show what they know and be their best.



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• School Directory Arrives!

- o Last week the 2025-2026 School Directory was sent home.
- o Please use this to arrange play dates, car pools etc. but not for solicitations.
- o Let's try to support our families that have advertised their businesses in the back pages.

School Arrival & Departure

Please drive safely and <u>slowly</u> when driving on Chestnut Avenue before and after school.
 We have children walking to and from school and there are also children and parents crossing the street from their parked cars.

Kids Club & CYO

• While attending a meeting in the Ministry Center, I was alarmed at how fast people were driving on campus to pick up their children or arriving for basketball practice. PLEASE slow down, our children are precious and we want to keep them safe!

WAT Assembly

- o Please join us on Halloween at 1:15pm in the church for our awards assembly.
- All students win by going on field trips and the total money raised will be announced.
 Recognition for students going above and beyond will also take place.

Student Council Events

Student Store

 Each Wednesday the Student Council members will have snack items for sale during morning recess. Items range from \$.50-\$1.00

Halloween Activities

- o Art Contest 10/23-10/28
- o Rally 10/30 @ 1:30pm
- o Pumpkin carving contest (bring decorated/carved pumpkins to the library) 10/31
- o School Trick or treat 10/31
- o Orange and black free dress 10/31

Schoolwide Learning Expectation 3.2: A life-long learner who is able to demonstrate understanding of core curriculum.

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No Coffee Social this Month

o Please note that the Coffee Social will NOT take place this month given all the activities scheduled on Halloween.

Mark Your Calendars!

- o The November Dine Out is scheduled for Nov. 5th at the Panda Express on Ygnacio Valley Blvd.
- You must present the flyer (included in your family envelope or shown on your phone) in order for St. Agnes to receive a 20% donation from your order. If ordering online, use the code listed on the flyer.
- o This event is scheduled from 9:30am-9:30pm.

Wrapping Paper on Sale Now!

- o Our Charleston Wrap fundraiser ends on November 5th and is fully online.
- o Please take a look and support St. Agnes School by purchasing an item or two.



Thank you to Mrs. Marco and her crew for a fabulous Fall Fest! The event was well organized and enjoyed by all. The ofrenda (altar) was spectacular and a beautiful tribute to our ancestors of the past. We had so many attend this celebration, thank you for supporting this event!

Virtue

Weekly Virtue: Industriousness

Definition: Diligence, especially in work that leads to natural and supernatural maturity. **Prayer:** Heavenly Father, help me to use my time well. Give me the grace to do all for Your

greater glory..

Looks Like: Diligently completing homework.

Sounds Like: "I need to stay focused and finish my homework, then I will help you."

Virtues are dispositions and habits that guide your decision making and action steps

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to the positive. Through virtues, God gives us the grace to live as we should and to be charitable with all mankind.

	IMPORTANT DATES AND EVENTS
10/29	• Carondelet & De La Salle 7 th & 8 th Gr.
	Student Meeting 2pm
10/30	Halloween Rally 1:30pm
10/31	Black & Orange Non-Uniform Dress
	Mr. Latteri's Pizza Lunch Thank you
	Mr. Latteri!
	WAT Assembly 1:15pm
	Treat-o-Treating
11/1	Solemnity of All Saints Mass 9am
	Work Party 9am-1pm
11/4	STAR Reading Assessment
	Spirit T-Shirt Tuesday
11/5	Minimum Day-12:00 Dismissal
11/6	STAR Math Assessment